

Where can you
find the very
best hikes,
bikes, paddles,
and outdoor
adventures in the
Finger Lakes?



gofingerlakes.org

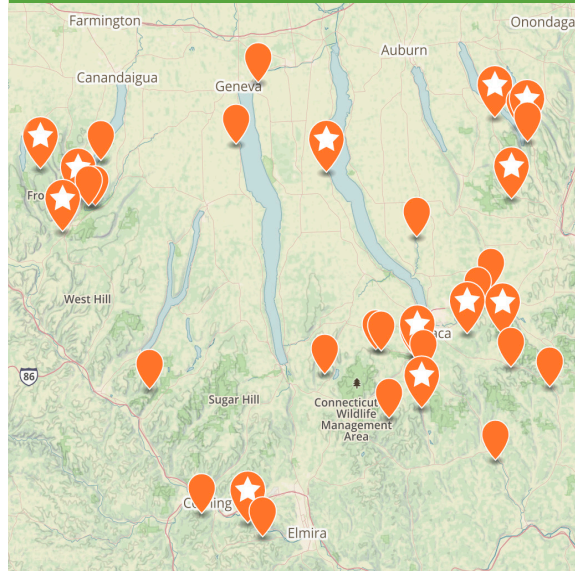
"Go Finger Lakes" is a mobile-ready web site with an interactive map showing over 650 miles of trails. It is a free public service of the Finger Lakes Land Trust promoting conservation and recreation.



GOFINGERLAKES™
FINGER LAKES LAND TRUST

FLLT.ORG/MAP

Discover over 35 free nature preserves
of the Finger Lakes Land Trust



WE NEED YOU!

Help us save more land and water by
donating and volunteering



GIVE & JOIN

FLLT.ORG/GIVE



VOLUNTEER

FLLT.ORG/VOL



To conserve forever the lands
and waters of the Finger Lakes
region, ensuring scenic vistas,
local foods, clean waters, and
wild places for everyone.

The Finger Lakes Land Trust is a nonprofit conservation organization working across a 12-county region in Central New York. We have worked cooperatively with landowners and partners to permanently protect over 25,000 acres of treasured natural areas and scenic farmlands. The Land Trust owns and manages more than 35 conservation areas that are open to the public for quiet recreation. We hold over 150 easements on protected lands that remain in private ownership. FLLT is supported by members, and you can help us save more land.

FINGER LAKES LAND TRUST

202 East Court Street, Ithaca, NY 14850

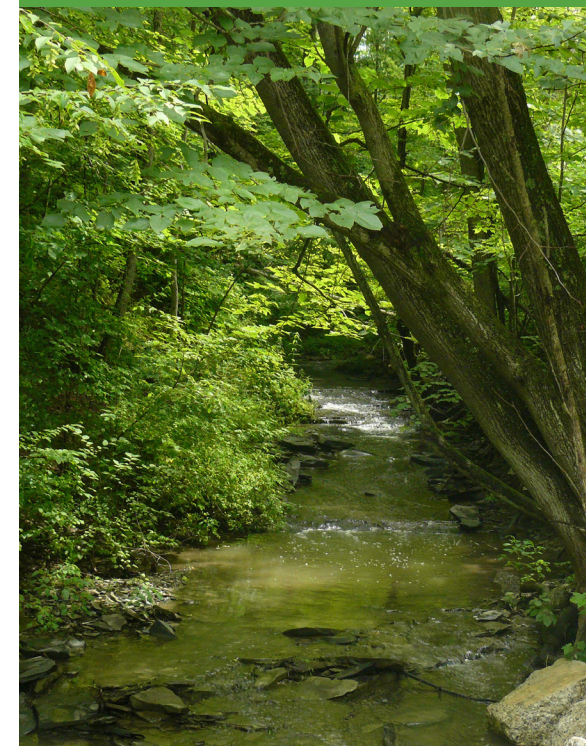
fllt.org /[facebook](#) /[instagram](#) /[twitter](#)

(607) 275-9487

KINGSBURY WOODS CONSERVATION AREA

ITHACA, NY

MAP & GUIDE



**CONSERVED FOREVER
OPEN TO ALL**

FLLT.ORG/KINGSBURY



 **Acreage:** 48 acres

 **County:** Tompkins

 **Trails:** 1.1 miles

These 48 acres of forest protect over 6,000 feet of shoreline along the upper reaches of Lick Brook in Ithaca.

NATURAL HISTORY

Downstream from Kingsbury Woods, Lick Brook carves a spectacular gorge on its way to the Cayuga Inlet below; here, however, the headwater streams course gently through old fields that are gradually reverting to hardwood forest. In the southern section of the woods stand several giant old oaks. In April 2011, a tornado with winds in excess of 100 mph swept through the preserve and destroyed many trees. We are now watching with interest as the forest rapidly recovers.

HISTORY

In 2008, Sheela Kingsbury generously donated the 48-acre forest, containing over 6000 feet of frontage on the upper reaches of Lick Brook. With the addition of this property, the Land Trust had secured over 300 acres in the Lick Brook area, helping to protect Cayuga Inlet water quality and stem the tide of development on this lovely hillside.

ACTIVITIES

Hiking & Running
Cross-Country Skiing
Snowshoeing
Birdwatching

DOGS

Keep your dog under control at all times

HOURS

Open dawn to dusk all year

POLICIES

See fllt.org/policies

LEARN MORE

See fllt.org/kingsbury for more history, natural history, photos, and an interactive map.

PHOTOS: (COVER) BETSY DARLINGTON, (L) BETSY DARLINGTON, (R) JEFF KATRIS

