

Where can you
find the very
best hikes,
bikes, paddles,
and outdoor
adventures in the
Finger Lakes?



gofingerlakes.org

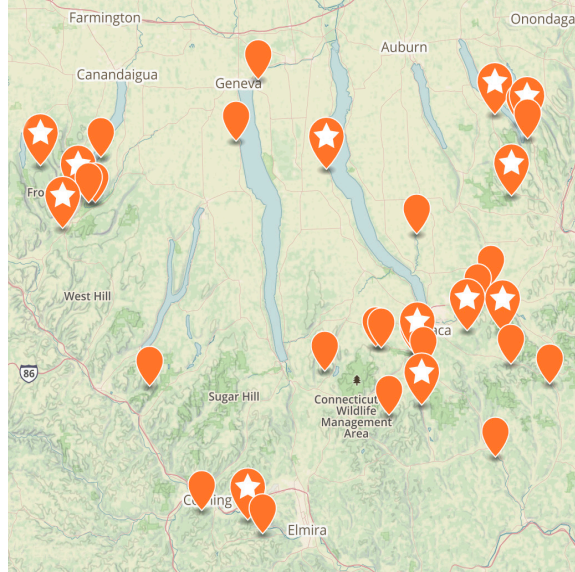
"Go Finger Lakes" is a mobile-ready web site with an interactive map featuring over 900 miles of trails! It is a free public service of the Finger Lakes Land Trust promoting conservation and recreation.



GOFINGERLAKES™
FINGER LAKES LAND TRUST

FLLT.ORG/MAP

Discover dozens of free nature preserves
of the Finger Lakes Land Trust



WE NEED YOU!

Help us save more land and water by
donating and volunteering



GIVE & JOIN
FLLT.ORG/GIVE



VOLUNTEER
FLLT.ORG/VOL



To conserve forever the lands
and waters of the Finger Lakes
region, ensuring scenic vistas,
local foods, clean water, and
wild places for everyone.

The Finger Lakes Land Trust (FLLT) is a nonprofit conservation organization working across 12 counties in Central New York. Since 1989, we have worked cooperatively with landowners and partners to protect some of the most treasured natural areas and open spaces in these vital watersheds. FLLT manages dozens of conservation areas that are free and open to the public for quiet recreation year-round. We also hold easements on protected lands that remain in private ownership. FLLT is supported by members, and you can help us do more!

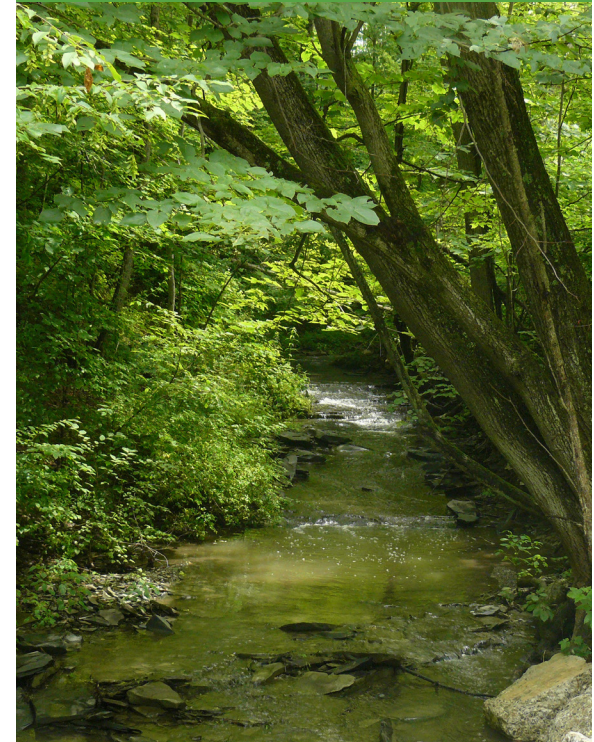
FINGER LAKES LAND TRUST

202 East Court Street, Ithaca, NY 14850
flft.org /[facebook](https://www.facebook.com/flft) /[instagram](https://www.instagram.com/flft) /[twitter](https://twitter.com/flft)
(607) 275-9487

**KINGSBURY
WOODS
CONSERVATION
AREA**

ITHACA, NY

MAP & GUIDE



**CONSERVED FOREVER
OPEN TO ALL**

FLLT.ORG/KINGSBURY



 **Acreage:** 48 acres

 **County:** Tompkins

 **Trails:** 1.1 miles

These 48 acres of forest protect over 6,000 feet of shoreline along the upper reaches of Lick Brook in Ithaca.

NATURAL HISTORY

Downstream from Kingsbury Woods, Lick Brook carves a spectacular gorge on its way to the Cayuga Inlet below; here, however, the headwater streams course gently through old fields that are gradually reverting to hardwood forest. In the southern section of the woods stand several giant old oaks. In April 2011, a tornado with winds in excess of 100 mph swept through the preserve and destroyed many trees. We are now watching with interest as the forest rapidly recovers.

HISTORY

In 2008, Sheela Kingsbury generously donated the 48-acre forest, containing over 6000 feet of frontage on the upper reaches of Lick Brook. With the addition of this property, the Land Trust had secured over 300 acres in the Lick Brook area, helping to protect Cayuga Inlet water quality and stem the tide of development on this lovely hillside.

ACTIVITIES

Hiking & Running
Cross-Country Skiing
Snowshoeing
Birdwatching

DOGS

Keep your dog under control at all times

HOURS

Open dawn to dusk all year

POLICIES

See fllt.org/policies

LEARN MORE

See fllt.org/kingsbury for more history, natural history, photos, and an interactive map.

PHOTOS: (COVER) BETSY DARLINGTON, (L) BETSY DARLINGTON, (R) JEFF KATRIS

